



# PARENT HANDBOOK





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# Welcome to Camp Susque

Camp Susque has been a part of the Trout Run community for over 70 years, providing opportunities for youth, young adults, and families to “Experience their Creator.” Susque is a non-denominational organization which presents God’s glory through His Creation, communicates His grace through the redemptive work of Jesus Christ, and strives to build Christian character in campers and staff through living and teaching God’s desires and expectations for His people.



## MISSION

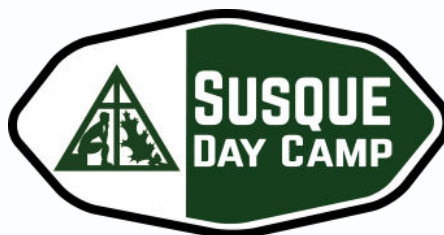
*Biblical evangelism  
and growth in  
Christian character  
for youth, young  
adults, and families.*

# Trout Run Day Camp

For decades, youth in the Trout Run area have enjoyed a week long day camp at Susque run by the Lewis Township Recreation Commission. Susque staff are thrilled at the opportunity to serve the local community by continuing this tradition. Thanks to a variety of corporate and individual sponsors, Trout Run Day Camp continues to be free for local campers.

Day campers can expect to be challenged to grow physically (swimming, archery, hiking), mentally (crafts, social engagement), and spiritually (chapel, Bible study, Christian counseling staff) during their time here.

Susque staff have undergone 2 weeks of orientation to care, to the best of their abilities, for the physical, spiritual, and emotional needs of your camper. Any aquatic activity in the pool or creek will be supervised by certified Red Cross lifeguards.



# Daily Packing List



- Backpack or bag
- Swimsuit\* and towel
- Sneakers or sport sandals with strap around heel  
*Flip flops are not acceptable with the exception of use in the pool area*
- +Bible (Susque can provide if needed)
- +Sunblock
- +Re-usable Water Bottle (Can be purchased at Registration)
- +Sweatshirt
- +Rain Jacket or Poncho

## Optional

- +Sunglasses
- +Hat
- +Extra sneakers
- +Camera (Not phone)
- +Personal reading book

+Can be stored in cubby for the week

\*Boys: Loose fitting shorts - Girls: one or two piece that covers the midriff



## What Not to Bring

- Flip flops as primary footwear
- Pocketknife
- Clothing that distracts or is in conflict with Susque's mission
- Cell phone

# Health & Wellness

## HEALTH FORM

The online registration includes a required health form for your camper. This form must be filled out prior to camp. The form will ask for a short health history, prescription medications, allergies, over the counter medication permissions, and general permission to treat within our staff's scope of care.

## PRESCRIPTION MEDICATION

Medications that must be administered during the camp day must be noted on the camper's health form. Please bring the daily dosage to drop off each day in a labeled, sealed plastic baggie and turn into Susque staff. Campers should not carry the medication themselves.

## YOU WILL BE CALLED IF...

- A camper's illness or injury exceeds reasonable first aid measures
- Your camper has a tick bite
- Your camper is unfit to continue camp programming with reasonable accommodations



# Expectations of Behavior

## CAMPER CODE OF CONDUCT

Please discuss the Camper Code of Conduct found on the following page with your camper prior to camp. Susque staff will further clarify and communicate more site specific rules and expectations with campers at the start of the week.

## BEHAVIOR CORRECTION

In the event that a camper is unable to follow expectations, a counselor will stop the action and repeat or further clarify the expectation. If the behavior persists, the counselor may withhold participation in the next activity and alert the Head Counselor or director.

If the counselor and camper are unable to resolve the behavior, the head counselor or director will step in to determine the best course of action moving forward. Parents may be notified immediately or be made aware of the behavior at pickup that afternoon.

Physical altercation will result in an immediate call to parents and parents will be asked to pick up their camper immediately. At pickup, the director and parents will discuss the viability of a return to camp for the camper for the following day.

## GRACE AND FORGIVENESS

Throughout the discipline process, Susque staff will maintain the safety and enjoyment of all campers. Any conflict resolution will be conducted seeking growth in the camper's understanding of grace, forgiveness, and the value of being made in the image of God. Staff will not hold a grudge or allow previous offenses to influence their love of a camper.

# Camper Code of Conduct

*I am a Susque Camper. I am expected to*

**C**OME READY TO PARTICIPATE

**A**LWAYS LISTEN AND FOLLOW THROUGH

**M**AKE THOUGHTFUL DECISIONS

**P**RACTICE GRACE

**E**XPRESS YOURSELF KINDLY

**R**ESPECT YOURSELF, FELLOW CAMPERS, AND STAFF





# Daily Schedule

## **8:30-9:00 Drop Off**

Campers must be dropped off and signed in by parent or adult. No walk-ups or bike-ins.

## **9:15 Chapel**

## **10:00 Activity Class 1**

## **10:45 Activity Class 2 (and snacks)**

Activity classes are age group specific and may include archery, climbing wall, crafts, BB range, hiking, nature class, and more.

## **11:30 Lunch**

Campers are responsible for bringing a bag lunch each day.

## **Noon Family Group Campfires**

An opportunity for counselor and campers to discuss what was presented in morning chapel in a small group setting.

## **1:30 Pool and Other Games**

## **3:00 Thankfuls**

One last small group gathering of the day to review highlights of the day.

## **3:30-4:00 Pickup By Approved Adult**

# Drop-Offs & Pickups

## MONDAY DROP-OFF

At drop off Monday morning, plan for 15-20 minutes to check-in your camper. You will be refunded your \$20 deposit, review health form with staff, and receive dashboard placards to use during pickup.

## DAILY DROP-OFF

Each morning, campers must be signed in by an adult. Staff will be on hand to direct traffic. Campers should remain in vehicle until staff member comes to the vehicle.

## DAILY PICKUP

Make dashboard placard visible to staff. Your camper will be brought to the vehicle and must be signed-out with staff.

## FRIDAY PICKUP

Parents and families are invited to a closing program at 4:00 on Friday. The program will feature summary remarks from the camp chaplain, a photo slideshow of the week, and conclude with a hot dog roast over campfire. Camp Susque will provide hotdogs, roasting sticks, beverages, and sides for the meal.

IT'S PRONOUNCED  
**"SUS-KWA"**

# TEAM SUSQUE

S  
U  
S  
Q  
U  
E

**SEEK** God's guidance and presence

**NWAVERING** commitment to love

**TRENGTH** focused—Challenge supported

**UEST** to contribute to solutions

**NIFIED** commitment to direct & honest  
communication

**VERYBODY** plunges!!

"You are worthy, O Lord, to receive glory  
and honor and power; for you have  
created all things, and for your pleasure  
they are and were created.

Rev 4:11

